

What is claimed is:

1. A sling holder for holding an object for an extended period of time against the skin, said sling holder comprising:
  - a strap having a first end and an opposing second end;
  - a fastener for coupling said first end to said second end; and
  - at least one pocket attachable to said strap.
2. The sling holder of claim 1, further comprising a contoured section of varying width over a portion of a length of said strap.
3. The sling holder of claim 1, wherein said fastener is selectively fastenable to allow a length of said sling holder to be adjusted.
4. The sling holder of claim 1, wherein said fastener is hook-and-loop fastening material.
5. The sling holder of claim 1, wherein said strap is fabricated from a material selected from the group of materials consisting of elastic material, non-elastic material, and combinations of the foregoing materials.
6. The sling holder of claim 1, further comprising padding disposed on said strap.
7. The sling holder of claim 1, wherein said pocket is removably attachable to said strap.
8. The sling holder of claim 1, wherein said pocket has an inwardly facing surface to be held against the skin of a user upon assembly of said sling holder on a body part.
9. The sling holder of claim 8, wherein said inwardly facing surface is fabricated from a thermally conducting material.
10. The sling holder of claim 8, wherein said inwardly facing surface is fabricated from a thermally insulating material.

11. The sling holder of claim 1, further comprising a temperature indicator on at least one of said strap and said pocket.
12. The sling holder of claim 1, further comprising a plurality of pockets to be attachable to said strap.
13. The sling holder of claim 1, wherein said strap includes at least one extension member interposed between ends of said strap for varying the length of said strap.
14. The sling holder of claim 13, wherein said at least one extension member comprises a temporary fastener mounted on interfacially engaging portions of said strap.
15. The sling holder of claim 14, wherein said temporary fastener comprises hook-and-loop fastening material.
16. A sling holder for holding an object against the skin, said sling holder comprising:
  - a first strap;
  - a second strap for adjusting a length of said sling holder, said second strap being attachable at a first end thereof to said first strap;
  - a fastener for coupling a second end of said second strap to said first strap; and
  - at least one pocket attachable to at least one of said first strap and said second strap.
17. The sling holder of claim 16, further comprising a third strap interposable between said first strap and said second strap for further adjusting said length of said sling holder.
18. The sling holder of claim 17, wherein said third strap is removably coupled to each of said first strap and said second strap using a hook-and-loop material.
19. The sling holder of claim 16, wherein said fastener for coupling said first strap to said second strap at opposing ends thereof is a hook-and-loop material.

20. The sling holder of claim 17, wherein at least one of said first strap, said second strap and said third strap comprises a contoured section of varying width over a portion of a length thereof that facilitates the positioning of said strap on a body portion.

21. The sling holder of claim 17, further comprising padding disposed on at least one of said first strap, said second strap, and said third strap.

22. The sling holder of claim 16, wherein said pocket is removably attachable to at least one of said first strap and said second strap using a hook-and-loop fastening material.